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ABSTRACT

This assessment packet contains all materials to assess a student's competency in resource management. The purpose of the tests at the state level is to demonstrate achievement in knowledge associated with work and family life competencies. Used by the classroom teacher, the results can indicate a program's strengths and weaknesses and serve as a tool for curriculum improvement. At the student level, scores can indicate a student's relative level of proficiency in knowledge associated with work and family life competencies. The packet contains the following materials: instructions, one master copy each of form "A" and "B", one master copy of the work and family life assessment answer sheet, one answer key for each of the enclosed assessments, and one score summary sheet for summarizing student scores and returning to the Ohio Department of Education along with the Family and Consumer Sciences Annual Report. The two forms ("A" and "B") are completely different but equal test forms. The Resource Management and related Personal Development assessments have a common core (12 items), as well as items specific to either personal development or resource management (28 items), for a total of 40 items. (YLB)

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ED 411 436

OHIO VOCATIONAL COMPETENCY ASSESSMENT

# Resource Management

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CE 074 762



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FAMILY AND CONSUMER SCIENCES

**WORK AND FAMILY LIFE COMPETENCY ASSESSMENT**
**PERSONAL DEVELOPMENT AND RESOURCE MANAGEMENT**
**INSTRUCTIONS**

These assessments are being conducted by the Ohio Department of Education with technical assistance from the Vocational Instructional Materials Laboratory (VIML). The purpose of these tests at the state level is to demonstrate achievement in knowledge associated with Work and Family Life competencies. The Department of Education will not examine results at the classroom level, and no individually identifiable data will be accessible to Department personnel. Used by the classroom teacher, the results can indicate a program's strengths and weaknesses and serve as a tool for curriculum improvement. At the student level, scores can indicate a student's relative level of proficiency in knowledge associated with Work and Family Life competencies.

**The passing benchmark score for all forms of these assessments has been set at 75% correct (30 out of 40 test items) by a panel of Work and Family Life teachers.**

The assessment materials will no longer be returned to the Vocational Instructional Materials Laboratory. However, it is requested that you return the Score Summary Sheet to the Department of Education, Division of Vocational and Adult Education, Family and Consumer Sciences service area. More about this will be described below.

**In order to motivate students, consider using test results in the student grading process. Pretest - posttest GAIN scores may also be used for grading.**

Each assessment packet contains the following materials:

- These instructions.
- One master copy each of form "A" and "B" of either the Personal Development or Resource Management Assessment.
- One master copy of the Work and Family Life Assessment Answer Sheet.
- One Answer Key for each of the enclosed assessments.
- One Score Summary Sheet for summarizing student scores and returning to the Department of Education along with your Family and Consumer Sciences Annual Report.

OHIO VOCATIONAL COMPETENCY ASSESSMENT

# Resource Management

NOTE Be sure you have marked on the answer document the correct test form for your program.

**Test Form A**

Division of Vocational and Adult Education
Ohio Department of Education

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1. Which activity is an example of work in the family?

   a. Volunteering at a homeless shelter
   b. Taking a younger sister or brother for a walk in the park
   c. Doing a school assignment
   d. Working out at the gym

2. Which statement describes the actual distribution of home and family work responsibilities in the majority of dual-income families?

   a. The spouses share the responsibilities equally.
   b. Extended family members assume most of the responsibility.
   c. Paid outside child care and cleaning services assume most of the responsibilities.
   d. The mother continues to assume most of the responsibilities.

**Work Space**



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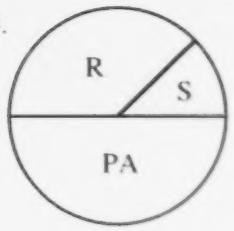
**Use the following information to answer the next question.**

**Work Space**

1.

2.

3.

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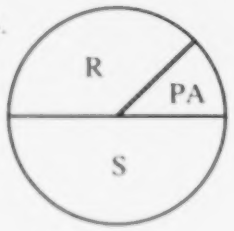


R = Relationships

S = School

PA = Personal Activities

3. Alex does enough work to get by in class. He is not involved in any school activities, has no job, and does not like to be with his family. He spends very little time with friends. However, he takes good care of himself by eating well, exercising, and getting plenty of rest. Which circle BEST illustrates the distribution of activities in Alex's life?

   a. 1
   b. 2
   c. 3
   d. 4

4. When you are gathering and evaluating information to solve a practical problem, which strategy should be applied?

   a. Use information that supports the point of view you think is best.
   b. Use the scientific method of problem solving.
   c. Check the legal resources available via the news media.
   d. Check to see if the information is adequate and reliable.



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5. When solving practical problems, what do you need to consider in evaluating possible choices?

   a. Consequences of choices
   b. Stressors on choices
   c. Scientific choices
   d. Creativity in creating choices

6. When you select an overall course of action in trying to solve a practical problem, what is the MOST important criterion for judging the course of action?

   a. Is it easy to carry out?
   b. Does it reflect sound time-management principles?
   c. Is there major agreement among your friends that the action is appropriate?
   d. Does it reflect what is best for yourself and others

7. Ana is a new exchange student at your school. You would like to be her friend to show her that you care about her. What would be a good strategy to initiate a friendship?

   a. Find our if your friends like her.
   b. Ask to work with her on a group assignment.
   c. Smile at her, but wait for her to approach you, since you have difficulty understanding her English.
   d. Tease Ana about her accent to get her attention, then befriend her.

8. There is a new student in your class who does not know any of the kids or the rules of the school. If you want to relate to this student in a caring way, what should you say?

   a. "If you would try harder you could meet more people."
   b. "Just go over there and introduce yourself to that guy: he won't jump down your throat."
   c. "It's not easy being new. Would you like to hang out with me?"
   d. "It's tough being new. Act like everyone else, so others will talk to you."

**Work Space**



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9. You have just gotten a job at the local pizza shop. When you were hired, the manager agreed to schedule your work hours around your FHA activities. However, you are competing at Regional Rally, and you are scheduled to work at the same time. What is the ethical way to handle this conflict?

   a. Confront your manager, and threaten to quit if the schedule isn't changed.
   b. Go to the rally, then explain later to the manager that something came up and you forgot you were scheduled to work.
   c. Discuss your problem with the manager, and ask if you can switch with another worker.
   d. Go to work, then tell the FHA advisor on Monday that you had to work.

10. The purpose of parliamentary procedure is to allow all members to

   a. show respect for the chairperson because he or she makes the decisions.
   b. show respect for the group advisor.
   c. have an equal opportunity to share in the decision making.
   d. demonstrate good listening skills.

11. An example of responsible community citizenship is

   a. mowing your neighbor's yard to earn spending money.
   b. having a garage sale to earn money to buy new clothes.
   c. washing and waxing your dad's car so you can use it.
   d. picking up trash to clean up the neighborhood.

12. What behavior would be LEAST helpful in achieving the goals of your student organization?

   a. Help identify group goals.
   b. Complete tasks assigned to you.
   c. Help others complete their tasks.
   d. Ask others to do tasks assigned to you.

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**Use the following information to answer the next question.**

Chris is a junior in high school. He is involved in sports and is a member of the student council and the National Honor Society. Chris rides the bus to school so he is frequently late for morning meetings. Often he has to stay after school and cannot take the bus. Chris believes he should have his own car so that he can participate in various activities without worrying about taking the bus or having someone pick him up. Chris and his family could not afford a car unless Chris gets a part-time job. Chris is willing to do this, but his parents think a job is too much responsibility for him right now.

13. Which strategy can BEST help Chris overcome potential barriers to achieving his goal?

    a. Building acceptance and self-esteem
    b. Exchanging and sharing resources
    c. Identifying likes and dislikes
    d. Forming and implementing a plan

14. Which statement about making a time-management plan is NOT true.

    a. Planning helps one think through tasks before doing them.
    b. Planning promotes better organization.
    c. Writing plans helps one remember the order of tasks to be done.
    d. Writing plans usually takes more time than it saves.

15. Ann did her grocery shopping this week at a new store that advertised "specials" on several items that Ann had on her list. As she was putting the groceries away at home she noticed that she had paid more than usual for some items that were not on sale. Which procedure would help Ann get the most food for her money?

    a. Buy at the new store if it has enough desired features to offset the higher prices.
    b. Continue buying at the new store because prices will come down after the store has been open for a while.
    c. Buy at her regular store until the new store has been open for at least 6 months.
    d. Shop at both stores to take advantage of all the specials.

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**Use the following information to answer the next question.**

Pat and Kelly were shopping for athletic shoes. Pat bought a pair of expensive shoes that were well-constructed and made by an unfamiliar manufacturer. Kelly decided to buy a well-constructed and nationally recognized pair of shoes.

16. Which factor affecting consumer decisions had the MOST influence on Pat?

    a. Advertising in the media
    b. Nature of the marketplace
    c. Packaging and labeling
    d. Product characteristics

17. Which source of information can help you in making more informed purchases?

    a. Better Homes and Gardens
    b. Consumer Reports
    c. Encyclopedia
    d. Family Circle

18. What is the ultimate purpose of advertising?

    a. To make you a better person
    b. To help you have more friends
    c. To get you to buy the product
    d. To provide accurate information about the product

19. What should be done with outdated prescriptions?

    a. Discard according to directions
    b. Donate to charity
    c. Store safely
    d. Combine in one bottle to make more space

20. What is the BEST way to prevent falls on hardwood floors?

    a. Use throw rugs.
    b. Staple rugs to the floor.
    c. Use nonskid rugs.
    d. Avoid cleaning the floor.

**Work Space**



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**Use the following information to answer the next question.**

Marty lives alone in a duplex apartment located in a high crime area of the city. She works second shift and gets home after dark. Marty has made friends with the family living next door. Marty varies her activities as much as possible and tries to give the appearance of activity in the home. In addition, local residents have banded together in order to keep a lookout for suspicious people, activities, or vehicles in the area.

21. Which strategy have residents jointly put into place in order to protect their homes?

    a. Home inspection checklist
    b. Employment of private security guards
    c. Neighborhood crime watch
    d. Installation of home security systems

22. T. J., a college student, lives on campus and works part-time at a campus bookstore. T. J. has investigated the possibility of getting an apartment across town. However, this would mean the added expense of owning a car since transportation to classes and work is necessary. The decision whether to move off campus will likely be influenced the MOST by

    a. community influences.
    b. financial considerations.
    c. neighborhood influences.
    d. functional needs.

23. It is December. You have been unemployed for more than 2 months and have not paid your rent because your family needed the money for food. Which statement concerning this statement is TRUE?

    a. The landlord has the legal right to file an eviction notice.
    b. A tenant can withhold rent if unemployed for more than a month.
    c. In the eyes of the court, buying food takes precedence over paying rent.
    d. Eviction notices can only be filed from April through October.

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24. You and your spouse have two children and both work full-time. You have listed the tasks to be done around the house, estimated the time each will take, and made a schedule for completing the tasks. However, you are still having trouble fitting in household responsibilities. Which strategy would be the most economical way to help you complete the household tasks?

    a. Hire a professional cleaning service.
    b. Hire your neighbor to clean the house.
    c. Share responsibilities with family members.
    d. Use name-brand products with more cleaning power.

25. Which weekly chore can an 6-year old child be expected to do successfully?

    a. Clean the oven.
    b. Wax the floors.
    c. Dust the furniture.
    d. Clean out the refrigerator.

26. If you would like to make a difference in the use of the world's resources, especially when cooking, you could

    a. use a convection oven or a pressure cooker.
    b. cook foods uncovered on the range.
    c. check foods cooking in the oven by peeking in the oven door.
    d. preheat the oven when cooking roasts or casseroles.

27. If you are concerned about the impact of product packaging on the environment what would be the BEST consumer choice?

    a. Styrofoam tray with plastic wrap over the top of the product
    b. Product in a plastic net bag
    c. Product in plastic shrink wrap inside a cardboard container
    d. Product in a glass jar

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28. As a consumer, you can directly contribute to improving poor air quality by

a. recycling newspapers.
b. reusing clothing.
c. purchasing products in reusable containers.
d. planting trees.

29. Joe purchased a winter jacket for $46.00. He plans to wear it at least five times per week for 16 weeks. What will be the cost per wearing?

a. $0.58
b. $9.20
c. $2.88
d. $0.87

30. You plan to purchase a pair of running shoes. They are on sale for 30% off. The original cost is $58.00. What is the sale price and total savings?

a. $51.00 with a savings of $7.00
b. $43.58 with a savings of $14.42
c. $40.60 with a savings of $17.40
d. $39.50 with a savings of $18.50

31. Jennifer spends a lot of money on clothes but feels like she never has anything to wear. She tends to choose fad-type articles of clothing, and the clothing colors do not seem to match well. To increase her satisfaction, what would be the best action for Jennifer to take in relation to her clothing?

a. Look for the latest fashions in magazines.
b. Develop a personal wardrobe plan.
c. Go shopping to purchase more clothing.
d. Identify the clothing she dislikes, and give those articles to others.

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32. Ralph was eating lunch at school when a fellow classmate slipped and spilled a lunch tray on Ralph's clothes. How can Ralph find the most reliable information about how to remove the food stains?

a. Ask a classmate.
b. Read the garment label.
c. Contact a company that manufactures detergent.
d. Contact the store where the clothing was purchased.

33. Taneka is doing the family laundry. She should add chlorine bleach when a load of laundry includes mostly

a. hand-washable silk shirts.
b. polyesters and spandex items.
c. white cotton underwear and towels.
d. colored cotton sweatshirts and socks.

34. Joe dislikes the "little fuzz balls," or pills, all over his sweaters. Which fiber would be LEAST likely to form "pills"?

a. Acrylic
b. Cotton
c. Polyester
d. Wool

35. One concern related to eating fast foods is the

a. high amount of sodium.
b. high amount of protein.
c. low amount of calories.
d. low amount of fat.

36. A high-fat diet can increase the risk of

a. diabetes.
b. obesity.
c. osteoporosis.
d. tooth decay.

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37. Which menu will provide Jan's grandmother, who has osteoporosis, with the HIGHEST calcium level?

a. Salmon patties, broccoli with cheese, rolls, and milk
b. Macaroni and cheese, green beans, and apple salad
c. Broiled beef patties, creamed peas, rolls, and hot tea
d. Vegetable soup, crackers, ham sandwich, and milk

38. Gary's Mother has recently returned to work. Gary is now in charge of preparing dinner. He finds a casserole recipe that looks healthy except that it contains a cup of sour cream. What should Gary do?

a. Substitute Ricotta cheese made from skimmed milk
b. Leave out the sour cream
c. Substitute one cup of whipped cream
d. Substitute one cup of skimmed milk

39. Which food is a good source of carbohydrates?

a. Bread
b. Eggs
c. Milk
d. Oranges

40. To get the most nutritive value from fruits, in what form is it BEST to eat them?

a. Canned
b. Dried
c. Fresh
d. Frozen

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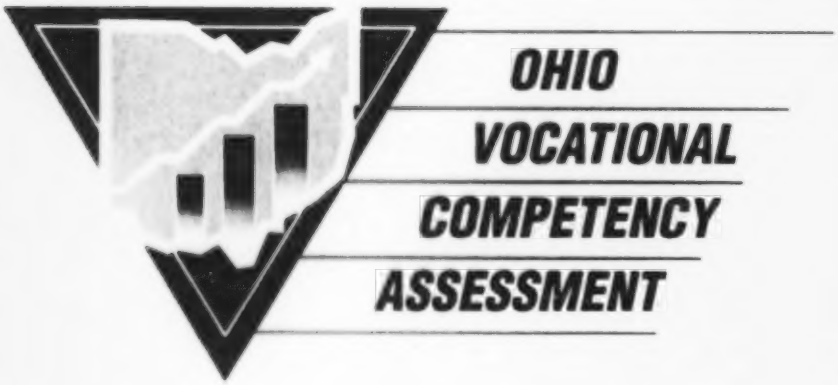


# Resource Management

NOTE Be sure you have marked on the answer document the correct test form for your program.

**Test Form B**

Division of Vocational and
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Ohio Department of Education

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1. Families view the role of work differently depending on their values and goals. Which statement BEST describes an integrated view of work and family?

   a. The main purpose of work is financial survival.
   b. Work provides enjoyment and personal satisfaction.
   c. Work is important but other aspects of life are important as well.
   d. Work is something expected to be done by all family members.

2. What is a common consequence of holding a job outside the home while raising a family?

   a. Increased productivity at work
   b. Increased value associated with work
   c. Increased participation in community activities
   d. Increased stress at work and in the home

3. Which example shows how family life affects work?

   a. Having a part-time job gives a teenager less time to spend with the family
   b. Having a stable home environment helps an employee be more productive on the job
   c. Doing well in school increases a student's frustration with menial tasks on the job
   d. Having a position on the school sports team contributes to stress at your part-time job

4. To make sure that your decisions are ethical, what important criterion should you use as you solve practical problems?

   a. Be sure that you will benefit personally from the action.
   b. Be sure that you do not harm yourself or others by your action.
   c. Be sure to set personal goals for yourself.
   d. Be sure that you can prove to others that you have been rational.

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5. Peg and Karen have been best friends. Mandy told Peg that Ramon was going to break up with Karen the week before Karen knew about it. Also, Mandy told Peg that Karen is not her best friend. If you wanted to help them solve this problem using the practical problem-solving process, what is the first question you would suggest they ask themselves?

   a. What does stress have to do with this?
   b. Why have we decided to fight like this?
   c. What is the problem in this situation?
   d. Shouldn't we look at this deductively?

6. Your friends have started drinking alcohol on weekends. They are pressuring you to drink alcohol. You decide you are not going to drink even though you may lose your friends. Which question would be LEAST helpful in evaluating the outcome of your decision?

   a. "Is my decision ethical?"
   b. "Does my choice support my values?"
   c. "Did my action result in positive long-term consequences?"
   d. "Have I kept a careful record of my friend's drinking behavior?"

7. What term refers to the sending, receiving, and understanding of information in order to share ideas and feelings?

   a. Communication
   b. Stress management
   c. Planning
   d. Problem solving

8. One way to deal with your anger constructively would be to

   a. deny your anger.
   b. share your feelings with a you-message.
   c. hit a strong object such as a tree or a wall.
   d. express your feelings in an I-message.

**Work Space**



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9. Recently you've noticed that one of your friends is withdrawing. He has been spending more and more time in bed, and he says he does not want to get up in the morning. He has told you that he feels worthless and empty. This has been going for five weeks. What should you do to help?

   a. Discuss the situation with your other friends in hopes that one of them will do something about it.
   b. Try to find out about your friend's thoughts and feelings, and tell him what to do.
   c. Go to your parents, a school counselor, or member of the clergy for advice.
   d. Leave your friend alone until he feels like socializing again.

10. Within school, how can you BEST demonstrate responsible citizenship?

   a. Make good grades and create a scrapbook of your accomplishments.
   b. Work to improve school policies by following school guidelines.
   c. Call the news media and tell them about school problems.
   d. Walk out of class to protest a school problem.

11. Regardless of leadership style, what is the central function of a leader?

   a. To raise money through planning social events
   b. To increase the membership of the group
   c. To help the group establish and achieve goals
   d. To make all the difficult decisions for the group

12. The Peters family would like to take a vacation together and have listed possible places to go. However, whenever they begin to talk about it, everyone shouts and the discussion falls apart. They cannot agree on a destination. What does the Peters family need to do to develop a vacation plan?

   a. Work together to develop a list of criteria for their vacation.
   b. Let the parents develop the plan.
   c. Let the children develop the plan.
   d. Seek the help of a travel agency.

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13. Which personal responsibilities are included in the activity of setting and reaching goals?

    a. Establishing priorities and formulating a plan
    b. Controlling life events and identifying outcomes
    c. Manipulating resources and controlling conflict
    d. Obtaining community support and seeking alternatives

14. The beliefs or principles that serve as the basis for individual decision making are also called one`s

    a. goals.
    b. needs.
    c. values.
    d. wants.

**Use the following information to answer the next question.**

Chris is a junior in high school. He is involved in sports and is a member of the student council and the National Honor Society. Chris rides the bus to school so he is frequently late for morning meetings. Often he has to stay after school and cannot take the bus. Chris believes he should have his own car so that he can participate in various activities without worrying about taking the bus or having someone pick him up. Chris and his family could not afford a car unless Chris gets a part-time job. Chris is willing to do this, but his parents think a job is too much responsibility for him right now.

15. If the following resources were available to Chris, which one is LEAST likely to help him achieve his goal of owning a car?

    a. Natural resources
    b. Human resources
    c. Nonhuman resources
    d. Intellectual resources

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**Use the following information to answer the next question.**

Pat and Kelly were shopping for athletic shoes. Pat bought a pair of expensive shoes that were well-constructed and made by an unfamiliar manufacturer. Kelly decided to buy a well-constructed and nationally recognized pair of shoes.

16. Which factor affecting consumer decisions had the MOST influence on Kelly?

    a. Cost of product
    b. Product availability
    c. Trade name
    d. Warranty availability

17. Before Paula and Rahal purchased new coats, they looked at product quality, read labels and care instructions, and checked prices of garments in several stores. Their consumer behavior is BEST described as _?_ shopping.

    a. comparison
    b. compulsive
    c. conspicuous
    d. impulse

18. Jim wants to gather information about stereos before purchasing a unit. He goes to the library to find reliable articles. Which resource would provide the best information?

    a. Consumer Reports
    b. Newsweek
    c. Reader's Digest
    d. Time

19. Where should poisonous substances be stored?

    a. Under the kitchen sink
    b. In the bathroom
    c. On a shelf in the garage
    d. Locked in high cabinets

**Work Space**



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20. You share a bedroom with a sibling and need some time to study for your social studies test. What should you do?

a. Discuss with your sibling the need to have some quiet time for studying.
b. Make the best of the situationNit is the sibling's room as much as it is yours.
c. Talk to your teacher about not having a quiet place to study.
d. Play a video while studying.

21. Jamie's father has decided to build an addition to their home. Jamie to make the most of this opportunity and requests a private bathroom. Jamie's parents want a family room where Jamie can entertain friends leaving in the living room for the parents. To which kind of space needs is Jamie's family responding?

a. Safety and social needs
b. Storage and privacy needs
c. Social and privacy needs
d. Physical and social needs

22. Sally and Tyro have jobs that allow them to have stable and comfortable life-styles. They would like to live somewhere with a large yard that has a stream or pond and is surrounded by trees. Tyro would love to own several pets. Both enjoy working in the yard and are avid gardeners. Which housing alternative would be the BEST choice for Sally and Tyro?

a. Rent an apartment
b. Bus a condominium
c. Buys a single-family house
d. Rent a town house

23. If a tenant has failed to pay the rent for two months, the landlord has the right to

a. remove the tenant's belongings.
b. shut off the water.
c. shut off the gas.
d. proceed with eviction.

**Work Space**



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**Use the following information to answer the next question.**

**Work Space**

You and your spouse both work and together earn a moderate income. You have a 3-year old son and twin daughters 20 months old. One of the twins has been ill since birth with severe dust, mold, and food allergies and is frequently in the hospital. In order to make ends meet, you need to follow a budget. Between working full-time and caring for your children, there is little time to perform household maintenance tasks.

24. Which is the MOST realistic plan for this family?

    a. Hire help to clean the house, and use store-brand cleaning products.
    b. Lower your cleanliness standards, and establish priorities for cleaning.
    c. Share family responsibilities, and establish priorities for cleaning.
    d. Share family responsibilities, and hire help to clean the house.

25. You have decided to change from the brand of laundry detergent you have been using to one that is more ecologically friendly. Which choice would be the MOST environmentally friendly?

    a. Large, economy paperboard box
    b. Large plastic bottles with concentrate to be diluted
    c. Large plastic bottles with nonconcentrate
    d. Large paperboard box made from recycled products

26. You have been reading articles in your local newspaper concerning rain forest depletion. You have become aware of the economic and social pressures in the tropical nations. An example of your personal responsibility in relation to this problem would include the purchase of

    a. endangered plants, such as bromeliads.
    b. rare animals, such as monkeys, pythons, or macaws.
    c. furniture items constructed of pine, oak, cherry, or maple.
    d. furniture items constructed of mahogany, teak, or rosewood.



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27. What action would help preserve our dwindling fresh water supply?

a. Washing latex paintbrushes with a hose
b. Purchasing bottled water
c. Running the tap water while hand-washing dishes
d. Washing one's car by hand with a sponge and bucket

28. As an individual, you can actively help protect the environment from hazardous or toxic waste by

a. carefully choosing and disposing of household cleaners.
b. considering the relationship between individuals and the environment.
c. working to control population growth.
d. practicing water conservation.

29. Which statement BEST describes the relationship between a fad and a fashion in clothing?

a. A fad stays around a long time whereas a fashion disappears quickly.
b. A fad and a fashion are really the same thing.
c. A fad is a trend in clothing, whereas fashion is worn by only a small number of people.
d. A fashion is worn by a majority of people, whereas fads come and go quickly.

30. Your little brother needs a winter coat to wear for school and outdoor play. Your Father puts you in charge of making a choice for the purchase. You have narrowed the choice to three coats. The family has a limited budget. The factor of greatest importance to consider in choosing among the three coats would be the _?_ of the coat.

a. brand name
b. fashionability
c. protection
d. warranty

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31. After reviewing your personal wardrobe plan, you discover that you have a shortage of wearable outfits in the work category. With your new part-time job at the record store in mind, what would be the next step?

a. Think of choices to add to your wardrobe and adjust your plan.
b. Ask your friends what they wear to work.
c. Try on everything in your closet.
d. Go shopping and begin making purchases.

32. Which is the correct sequence of steps to follow when laundering clothes?

a. Wash clothes, check for stains, dry, and make minor repairs.
b. Choose proper load size, cycle, and temperatures; make minor repairs; and check pockets.
c. Sort clothes, wash in proper wash and rinse temperatures, dry, and make repairs.
d. Make minor repairs, check pockets, sort, treat stains, and wash in proper temperatures using correct cycle and load size.

33. What is the correct procedure to follow when the label reads, "No chlorine bleach"?

a. Do not use any type of bleach.
b. Do not use any type of bluing.
c. Do not use chlorine bleach; oxygen bleaches may be used.
d. Do not pour chlorine bleach directly on clothes; add to the wash water.

34. What is the BEST method for the long-term storage of cotton sweaters?

a. Hang them on padded hangers, cover with plastic, and clean before wearing.
b. Clean, place them in plastic bags, and store flat in drawers.
c. Clean, fold, and store flat in drawers or boxes.
d. Store them in drawers, using tissue paper to prevent wrinkles, and clean before wearing.

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35. Chandra has made the following food choices for the day:

| Breakfast | Lunch | Dinner | Snack |
|---|---|---|---|
| Banana | French fries<br>Macaroni and cheese<br>Peas<br>Bread and butter<br>Soft drink | Baked chicken<br>Baked potato with sour cream and buttered carrots<br>Soft drink | Pretzels<br>Soft drink<br>Banana split with all the toppings |

This diet can be described as being

a. high in fat, cholesterol, and sodium.
b. high in calcium, iron, and vitamins A and C.
c. low in fat, cholesterol, and sodium.
d. low in calcium, iron, and vitamins A and C.

36. You are eating in a restaurant and need to choose an entree. Which choice would BEST support your goal of following the dietary guidelines?

a. Seafood in cream sauce
b. Chicken stir-fry
c. Fried chicken
d. Bacon and eggs

37. Nutrition labels help the consumer plan a healthy diet by indicating the percentage of daily value of __?__ the product produces?

a. B vitamins
b. cholesterol
c. Vitamin D
d. water

38. Which is a low-fat after school snack?

a. 1 1/2 c. corn chips
b. 2 c. buttered popcorn
c. 6 crackers with cream cheese
d. A mini bagel

**Work Space**



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39. If you are interested in determining the nutritional value of a food, you should look at

a. the food, how it was prepared, and any product additives.
b. the food and herbs or seasonings.
c. just the food and any additions, not preparation method.
d. the time of day the food was prepared and when it is eaten.

40. You are planning to take food on a hike. You find a recipe for a salad that involves hollowing out the inside of an apple and mixing the pieces of apple with bananas, raisins, nuts, and mayonnaise. The mixture is then packed back inside the apple. Which would be the most correct evaluation of this recipe for a hike?

a. This is a good choice because it has nutritious raisins and juice from the fruit in it.
b. This is a good choice because it provides a serving from the fruits on the Food Pyramid.
c. This is a bad choice because it would be difficult to carry and needs to be refrigerated.
d. This is a bad choice because it would not provide nutrition.

**Work Space**



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# Work and Family Life Assessment Answer Sheet

Name_____

Student ID_____

Date_____

Instructor_____

Test Form (please check one):

○ Resource Management Form A

○ Resource Management Form B

Test Questions:

| | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | ○ | ○ | ○ | ○ | 13 | ○ | ○ | ○ | ○ | 27 | ○ | ○ | ○ | ○ |
| 2 | ○ | ○ | ○ | ○ | 14 | ○ | ○ | ○ | ○ | 28 | ○ | ○ | ○ | ○ |
| 3 | ○ | ○ | ○ | ○ | 15 | ○ | ○ | ○ | ○ | 29 | ○ | ○ | ○ | ○ |
| 4 | ○ | ○ | ○ | ○ | 16 | ○ | ○ | ○ | ○ | 30 | ○ | ○ | ○ | ○ |
| 5 | ○ | ○ | ○ | ○ | 17 | ○ | ○ | ○ | ○ | 31 | ○ | ○ | ○ | ○ |
| 6 | ○ | ○ | ○ | ○ | 18 | ○ | ○ | ○ | ○ | 32 | ○ | ○ | ○ | ○ |
| 7 | ○ | ○ | ○ | ○ | 19 | ○ | ○ | ○ | ○ | 33 | ○ | ○ | ○ | ○ |
| 8 | ○ | ○ | ○ | ○ | 20 | ○ | ○ | ○ | ○ | 34 | ○ | ○ | ○ | ○ |
| 9 | ○ | ○ | ○ | ○ | 21 | ○ | ○ | ○ | ○ | 35 | ○ | ○ | ○ | ○ |
| 10 | ○ | ○ | ○ | ○ | 22 | ○ | ○ | ○ | ○ | 36 | ○ | ○ | ○ | ○ |
| 11 | ○ | ○ | ○ | ○ | 23 | ○ | ○ | ○ | ○ | 37 | ○ | ○ | ○ | ○ |
| 12 | ○ | ○ | ○ | ○ | 24 | ○ | ○ | ○ | ○ | 38 | ○ | ○ | ○ | ○ |
| | | | | | 25 | ○ | ○ | ○ | ○ | 39 | ○ | ○ | ○ | ○ |
| | | | | | 26 | ○ | ○ | ○ | ○ | 40 | ○ | ○ | ○ | ○ |

# SCORE SUMMARY SHEET
## Work and Family Life Competency Assessments
## Personal Development and Resource Management Courses

Teacher Name_____ School Phone_____
District_____School_____County_____VEPD_____
School Address_____

**Instructions**: The state benchmark established for these two assessments is 75% correct responses. You will be reporting the total number of students enrolled for the year in Personal Development and/or Resource Management, total number of students assessed, and total number and percent of students who scored at or above the 75% benchmark. You will also report the average score for all students for each test. For combined PD/RM classes report the students in both courses. Use "NA" (not applicable) if you did not teach Personal Development or Resource Management

| Test Form | Number of Students in classes | Number of students taking the test | Number of Students who scored at or above the 75% benchmark | Percentage of Students who scored at or above the 75% benchmark (Number of students with 30 or more correct responses divided by total number of students taking test) |
|---|---|---|---|---|
| Personal Development Form A | _____ | _____ | _____ | _____ |
| Personal Development Form B | _____ | _____ | _____ | _____ |
| Resource Management Form A | _____ | _____ | _____ | _____ |
| Resource Management Form B | _____ | _____ | _____ | _____ |

Average score for all students in Personal Development Form A_____Form B_____
Average score for all students in Resource Management Form A_____Form B_____
(Total of all student scores divided by number of students taking test)
If some students were not tested, state reason(s)_____

**Return to:** **Family and Consumer Sciences**
**Division of Vocational and Adult Education**
**Room 909, 65 South Front Street**
**Columbus, OH 43215**

# Work and Family Life Assessment Key

Test Form:

● Resource Management Form A

○ Resource Management Form B

Test Questions:

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | A | **B** | C | D | 13 | A | B | C | **D** | 27 | A | B | C | **D** |
| 2 | A | B | C | **D** | 14 | A | B | C | **D** | 28 | A | B | C | **D** |
| 3 | A | **B** | C | D | 15 | A | B | C | **D** | 29 | **A** | B | C | D |
| 4 | A | B | C | **D** | 16 | A | B | C | **D** | 30 | A | B | **C** | D |
| 5 | **A** | B | C | D | 17 | A | **B** | C | D | 31 | A | **B** | C | D |
| 6 | A | B | C | **D** | 18 | A | B | **C** | D | 32 | A | **B** | C | D |
| 7 | A | **B** | C | D | 19 | **A** | B | C | D | 33 | A | B | **C** | D |
| 8 | A | B | **C** | D | 20 | A | B | **C** | D | 34 | A | **B** | C | D |
| 9 | A | B | **C** | D | 21 | A | B | **C** | D | 35 | **A** | B | C | D |
| 10 | A | B | **C** | D | 22 | A | **B** | C | D | 36 | A | **B** | C | D |
| 11 | A | B | C | **D** | 23 | **A** | B | C | D | 37 | **A** | B | C | D |
| 12 | A | B | C | **D** | 24 | A | B | **C** | D | 38 | **A** | B | C | D |
| | | | | | 25 | A | B | **C** | D | 39 | **A** | B | C | D |
| | | | | | 26 | **A** | B | C | D | 40 | A | B | **C** | D |

# Work and Family Life Assessment Key

Test Form:

○ Resource Management Form A

● Resource Management Form B

Test Questions:

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | A | B | ● | D | 13 | ● | B | C | D | 27 | A | B | C | ● |
| 2 | A | B | C | ● | 14 | A | B | ● | D | 28 | ● | B | C | D |
| 3 | A | ● | C | D | 15 | ● | B | C | D | 29 | A | B | C | ● |
| 4 | A | ● | C | D | 16 | A | B | ● | D | 30 | A | B | ● | D |
| 5 | A | B | ● | D | 17 | ● | B | C | D | 31 | ● | B | C | D |
| 6 | A | B | C | ● | 18 | ● | B | C | D | 32 | A | B | C | ● |
| 7 | ● | B | C | D | 19 | A | B | C | ● | 33 | A | B | ● | D |
| 8 | A | B | C | ● | 20 | ● | B | C | D | 34 | A | B | ● | D |
| 9 | A | B | ● | D | 21 | A | B | ● | D | 35 | ● | B | C | D |
| 10 | A | ● | C | D | 22 | A | B | ● | D | 36 | A | ● | C | D |
| 11 | A | B | ● | D | 23 | A | B | C | ● | 37 | A | ● | C | D |
| 12 | ● | B | C | D | 24 | A | B | ● | D | 38 | A | B | C | ● |
| | | | | | 25 | A | B | C | ● | 39 | ● | B | C | D |
| | | | | | 26 | A | B | ● | D | 40 | A | B | ● | D |

The two forms ("A" and "B") are completely different but equal test forms— i.e., the scores can be compared between the forms. The manner in which you use these forms is up to your own discretion. The forms may be used in a pretest - posttest fashion to examine gains. Or, the forms may be alternated for security purposes. There are no specific deadlines for administering these forms. They may be administered when it is appropriate for your classroom.

The Personal Development and Resource Management assessments have a common core (12 items), as well as items specific to either Personal Development or Resource Management (28 items), for a total of 40 items. **You may duplicate one copy of the copyrighted assessment for each student being assessed. For security, copies of the test should be destroyed after use.** Also, don't forget to duplicate one copy of the blank Work and Family Life Assessment Answer Sheet for each student being assessed.

A few questions may involve mathematical problem solving. Students may use a calculator while taking the test.

On the day of testing, you will need the following:

- Test forms (one per student)
- Answer sheets (one per student)
- # 2 pencils

At the beginning of the class period, write the name of the assessment form you are about to give on the chalkboard or overhead. Distribute an answer sheet to each student. Make sure that they know the name of the assessment that they are about to take (Personal Development or Resource Management form "A" or "B") so that they mark the correct bubble on the answer form. Allow a few minutes for the students to complete their name, ID, instructor name, and the form indicator bubble.

Distribute the test forms. Allow 30 minutes for the assessment. After completing the assessment, perform the following steps:

1) <u>Score the test</u>
   The form for which the each key is associated is indicated by the blackened circle. Feel free to write directly on the answer documents since you will not be returning them to the VIML. Be sure to use the correct Answer Key. Remember that the Process Competencies are measured by items 1-12 and the Course Specific (Resource Management or Personal Development) competencies are measured by items 13-40. You may want to provide the student with subscores for these sets of items as well as a total test score.

2) Complete and Return the Score Summary Sheet

Complete all information requested on the Score Summary Sheet. Please return the Summary Sheet with your Family and Consumer Sciences Annual Report by June 15.

3) Destroy Remaining Materials

You do not need to return any of the other testing materials. After use, the test forms and answer keys should be destroyed in order to maintain security of the test items.

***Thank you for your participation in this important project!***